Studentproof Social Safety Guide

In Studentproof we believe strongly in creating a safe social environment for all. This document is intended for collecting all information regarding social safety and mental wellbeing contact options within Studentproof and throughout the TU/e as a whole.

If you have suggestions as to what else could be included in this document please contact the board.

Within Studentproof

The board is always there to listen to any complaints, suggestions or difficulties you may be having within the association, and are the first point of contact for most Studentproof concerns. Board members change annually, if you would like to contact a member of a specific role, these addresses can be used. You can check the <u>website</u> to see who is currently occupying each role.

Chair <u>chairman@studentproof.nl</u>

Secretary <u>secretary@studentproof.nl</u>

Treasurer <u>treasurer@studentproof.nl</u>

Combo Commissioner <u>combocommissioner@studentproof.nl</u>

Activity Commissioner <u>activitycommissioner@studentproof.nl</u>

We also offer a **CCP system** if you would like to speak confidentially to another member. If you ever have something that you wish to discuss in private with someone you can trust, please consider contacting the Studentproof **Confidential Contact Personnel**. They are there to listen to you, and to talk to you about how to resolve any situation that you are struggling with. Any information shared with them will remain confidential. The CCPs for Studentproof are:





Cis Leveau +31 6 47388038

cis.leveau@gmail.com

Lex Dreuning

+31 6 30529203

lex 7@live.nl

For more information about the social environment we strive for within Studentproof you can read our Code of Conduct.

Scala-Wide

Scala, the umbrella association of all culture associations, is in the process of making their CCPs official. This will be updated soon, allowing for more options for confidential support.

TU/e Resources

If you want someone to talk to outside of Studentproof, the TU/e offers many resources and professional support. For an **overview of all resources** you can visit their <u>website</u>

If you would like to speak to a **confidential peer supporter**, the <u>TU/e CPS system</u> offers options to speak to student and PhD listeners, trained to advise you on next steps and who else to reach out to.

If you have questions regarding your **mental health** and **well-being** you can make an appointment for a quick referral with TUe's <u>Student Psychologist</u>

If you have ever felt **socially unsafe**, have experienced or suspect inappropriate or **undesirable behaviour**, or would like advice as to where to go for support, you can contact the <u>Integrity and Social Safety Desk.</u>

Contact through: safe@tue.nl 040-247 8430

Are you confronted with undesirable behavior, irregularities or an issue in the area of scientific integrity and do you find it difficult to contact one of the confidential advisors directly? Then you can make an **anonymous report** through the TU/e SpeakUp Line.